



Sonic
Physio

SONIC PHYSIO'S
MEN'S
HEALTH
PROGRAM



ED

Erectile Dysfunction (ED) is a significant global Health Issue.

Reclaim your Vitality and regain Confidence with the unique Men's Health Program by Sonic Physio.

Quick Facts

80%

Of men are estimated to experience ED at some point in their lives.

350m

In 2025 it is estimated that ED will affect nearly 350 million men worldwide.

10%

Only about 10% of men with ED visit a urologist. Men older than 40 are three times as likely to experience complete ED than younger men.

3x

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More than just a Symptom

Erectile dysfunction is not just a standalone issue - it's often a symptom of underlying health problems. From cardiovascular diseases to hormonal imbalances, ED can be an early indicator of serious conditions. Ignoring these signs or resorting to self-medication without professional consultation can lead to severe consequences.

The Risks of Self-Medication

Many men, due to a lack of knowledge, turn to self-medication. This approach, without the guidance of a healthcare professional, can be dangerous. It not only overlooks the root causes of ED but also risks adverse side effects and complications from inappropriate treatments.

Expert Care at Sonic Physio

Sonic Physio believes in empowering men with knowledge and providing them with the highest quality of care.

WHY CHOOSE SONIC PHYSIO?

- **Proven Expertise:** The team of experienced urologists and healthcare professionals are dedicated to men's health since decades.
- **Innovative Treatments:** From Shock Wave therapy to CellOxy, Sonic provides the most advanced solutions for ED.
- **Personalized Solutions:** Sonic understands that each patient is unique. That's why the underlying causes are examined in the first step, before the tailor-made treatment plan is established.
- **Patient-Centered Care:** Your well-being is Sonic's priority. The clinic offers compassionate and confidential care, ensuring you feel comfortable and informed every step of the way.

Addressing erectile dysfunction (ED) is crucial due to its link to serious health conditions like cardiovascular disease, diabetes, and mental health issues. Despite this, less than half of men with ED seek treatment, underscoring the need for greater awareness and support.

Reclaim Your Vitality with Advanced Non-Invasive ED Treatments

Sonic Physio understands that erectile dysfunction (ED) can be a sensitive and challenging issue, affecting not just physical health but also emotional well-being. That's why Sonic is proud to offer cutting-edge, non-invasive treatments that deliver excellent results without the need for drugs.

THE PROGRAM IN DETAIL

OVERCOME ERECTILE DYSFUNCTION WITH SONIC PHYSIO

Sonic Physio offers an innovative Men's Integral Wellness Program, combining advanced medical treatments and holistic therapies to tackle ED and enhance overall health. The 2 and 2+2 week plans are designed to address a variety of men's health concerns, promoting vitality and well-being, and invites feedback to ensure the most effective treatments are provided. This approach allows for gradual and continuous adaptation of the treatment based on the patient's progress.

Medical Consultation and Evaluation

- Initial personalized evaluation with the multilingual specialist
- Comprehensive assessments with a general practitioner
- Specialized sessions tailored to specific health concerns or interests
- Counselling by the physiotherapist



Targeted Local Treatments

- Sessions of Celloxy therapy
- Sessions of targeted local Shock Wave treatment
- Sessions of High-Intensity Laser therapy
- Therapeutic or relaxing massage sessions
- Cardiovascular sports counseling by the physiotherapist



Weekly follow-up consultations

During these sessions, the specialist will review your progress, adjust your treatment plan as needed, and provide you with personalized guidance to keep you on track. This hands-on approach ensures that every step of your recovery is monitored, making sure you achieve the best possible outcomes.



Possible impacts of ED on a couple

Emotional Strain:

- For the Affected Partner: May feel embarrassment, guilt, or inadequacy, leading to low self-esteem and depression.
- For the Partner: Might feel rejected or unattractive, causing insecurity and anxiety.

Communication Issues:

- Lack of Open Dialogue
- Misinterpretations

Decreased Intimacy:

- Physical Intimacy: ED impacts the ability to maintain a satisfying sexual relationship, reducing physical closeness.
- Emotional Intimacy: Less physical closeness can decrease emotional bonding, leading to disconnection.

Potential Resentment and Frustration

Impact on Overall Relationship Satisfaction:

- Quality of Life: ED can reduce relationship satisfaction and happiness.
- Social Life: Stress and emotional strain can spill over into social interactions and activities.





Why trust Sonic Physio?

Innovative Technology for Optimal Results

The clinic utilizes the latest advancements in medical technology to provide effective, non-invasive treatments for ED. These methods are designed to address the root causes of ED, promoting natural healing and restoration of erectile function.

Comprehensive Treatment Approach

- Shockwave Therapy: Utilizes low-intensity sound waves to stimulate blood vessel growth and improve blood flow, naturally enhancing erectile function.
- CellOxy Therapy: Delivers hypoxic air to the body, inducing beneficial changes that positively impact overall health.
- High-intensity laser therapy (HILT): Works by using concentrated laser light to stimulate blood flow and promote tissue healing, which can help improve erectile dysfunction by enhancing blood circulation and repairing damaged tissues in the penile region.

Personalized Care for Lasting Results

Every patient is unique, and so is our approach. Our experienced team of specialists works closely with you to develop a personalized treatment plan tailored to your specific needs and goals. We focus on achieving not just short-term relief but long-lasting results.

Possible impacts of ED on a couple



NO DRUGS & NO SIDE EFFECTS

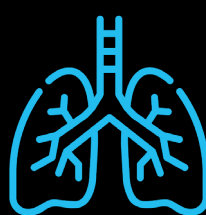
Avoid the potential side effects of ED medications. Our treatments are natural and safe.

MINIMAL DOWNTIME

Most of our therapies are quick and require little to no downtime, allowing you to return to your daily activities immediately.



QUALITY OF LIFE



Restore your confidence and improve your overall well-being with treatments that work from the inside out.

PROVEN EFFICACY

Unlike medications that provide temporary relief, the methods applied by Sonic offer more sustained improvements, with some studies showing benefits lasting up to years.



Don't let ED affect your life

Contact Sonic Physio today for a better tomorrow.



Sonic Physio



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